

# MINI BERRY PIE



Makes 30 servings

## INGREDIENTS

- 1/2 cup heavy whipping cream
- 4 teaspoons sugar
- 1/2 cup nonfat vanilla Greek yogurt
- 30 frozen phyllo cups
- 1/2 cup blueberries
- 1/2 cup black berries
- 1/2 cup strawberries

## DIRECTIONS

Crisp phyllo cups according to package directions (if desired). Beat cream in a small, chilled bowl until peaks form. Add sugar to cream and beat until stiff. Fold Greek yogurt into whip cream. Fill cups with mixture and top with berries.

## TIPS

- If you'd like a larger version of this dessert, try buying the sheets of phyllo dough and press it into a muffin tin.

## NUTRITION

46 calories  
3 g fat  
4 mg sodium  
5 g carbohydrate

